

NINA CERFOLIO, MD, DFAPA, FACLP

physician / psychiatrist / author / speaker

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AS FEATURED ON / IN

The New Hork Times



















CURRICULUM VITAE

EDUCATION

1987 - MD, Medicine University of Health Sciences Chicago Medical School North Chicago, IL 1982 - BA, French Grinnell College Grinnell, Iowa

INTERNSHIPS & RESIDENCES

1988-91 - Resident, Psychiatry, St.Vincent's Hospital and Medical Center NY, NY 1987-88 - Internship, OB/GYN Eastern Virginia Medical Center Norfolk, VA

CLINICAL AND RESEARCH FELLOWSHIP

1992-93 Human Sexuality Fellow New York Presbyterian/Weill Cornell Medical Center NY, NY

1991-93 Consult – Liaison Fellow Memorial Sloan-Kettering Cancer Center NY, NY

POSTDOCTORAL TRAINING

2001-2012 New York University Postdoctoral Program in Psychotherapy and Psychoanalysis NY, NY

CERTIFICATION

1991 - American Board of Psychiatry and Neurology #036079 1998 - Present Private Practice, Nina Cerfolio, MD, PC

LICENSURE

1990 - New York License Registration #183154 2013 - CaliforniaLicense #G89431

AWARDS/ RECOGNITION

2022-2023 - Journal Prize for best paper published in *Psychodynamic Psychiatry*

2016-present - New York Times Award, Castle Connolly National Top

2020-2021 - Exceptional Women in Medicine, Castle Connolly

2018 - Life Achievement Award Who's Who

2011-2016 - Who's Who in American Science and Engineering

2009-2016 - Who's Who in the World

2014 - Doctors of Excellence

2014 - Leaders in Healthcare Network

2014 - Patients Choice Awards

2014 - On-Time Doctor Award

2009-2013 - Who's Who in America

2012 - America's Most Compassionate Doctors

2007-2011 - Who's Who of American Women

2011 - Leading Physicians of the World

2011 - Patients Choice Awards

2011 - America's Top Psychiatrists

2010 - John Fiscalini Memorial Scholarship Award

2006 - Great Women of the 21st Century, 2006 Edition

2002 - Distinguished Fellow American Psychiatric Association

1995 - Fellow Academy of Psychosomatic Medicine

1992-93 - American Cancer Society Clinical Oncology Fellowship,

Memorial Sloan-Kettering Cancer Center New York, NY

APPOINTMENTS/EMPLOYMENT

ACADEMIC APPOINTMENTS

1995-Present

- Assistant Clinical Professor, Psychiatry Icahn School of Medicine at Mount Sinai NY, NY	2016-PRESENT
- Associate Attending Mount Sinai Beth Israel Mount Sinai School of Medicine NY, NY	2013-PRESENT
- Clinical Assistant Professor, Medicine New York University, Downtown Hospital NY, NY	1998-2013
- Clinical Assistant Professor, Psychiatry New York University Medical Center NY, NY	2004-2009
- Clinical Assistant Professor in Psychiatry New York Medical College NY, NY	1995-2000

HOSPITAL

1993-Present

- Associate Attending Mount Sinai Beth Israel Mount Sinai School of Medicine NY, NY
 2013-PRESENT Attending Physician New York University Downtown Hospital NY, NY
 1998-2013
 Chief, Psychiatric Emergency Room & Walk-in Clinic St. Vincent's Hospital & Medical Center NY, NY 1995-98
 Consult-Liaison Attending Psychiatrist New York University Medical Center/Bellevue Hospital NY, NY 1993-94

GAPS IN EMPLOYMENT

N/A

ASSOCIATIONS

OTHER PROFESSIONAL ROLES

1991-Present

1991	American Psychiatric Association
1991-1998	New York Pain Society
1992	Academy of Psychosomatic Medicine
1992-1998	American Society of Psychiatric Oncology and AIDS
1993-1999	Morgagni Medical Society:
	- General Member, 1993 – 1999
	- Executive Committee, 1995 – 1999
	- Secretary Treasurer, 1997 – 1999
1993-1997	American Academy of Psychoanalysis:
	- Psychiatric Member, 1997
	- Psychiatric Associate, 1993 – 1997
1993-1998	American Medical Association
1995	New York University/Bellevue Psychiatric Society
1995-1998	Presidents' Council for Volunteerism, St. Vincent's Hospital & Medical Center, NY, NY
1999-2000	American Women's Association of Psychiatrists
2002	E Pregnancy Expert
2006	Running Project for Disabled Iraqi War Veterans, Achilles Track Club, NY, NY
2015-2022	The Psychoanalytic Society of the Postdoctoral Program

BOARDS

COMMITTEE ASSIGNMENTS NATIONAL & REGIONAL

1996-Present

1996-1998 Founding Member, The Early Career Psychiatry Committee, American Psychiatric Association

1998-1999 Corresponding Member of the Committee on Women Council on National Affairs, American Psychiatric Association

1999-2000 $\,$ Member of the Study Group on Psychoanalysis and Women American Academy of Psychoanalysis

2001-Present Founding Member, Grief Relief Network, New York, NY

2002-2005 *Chair*, Committee on Women New York County, District Branch, American Psychiatric Association

2002-2006 Member of the Executive Council of New York County District, Branch of the APA

2003-2018 Tri-State Community Advisory Board of Education Broadcasting, Thirteen/WNET

2004-2009 Board of Advisors, Achilles Track Club, New York, NY

2005-2013 Board Member, Ethics Committee, New York Downtown Hospital, New York, NY

2007-2009 Board Member, St. Paul's Center of New York

EDITORIAL BOARD

2015-Present MOJ Addiction Medicine & Therapy (MOJAMT)

RESEARCH PROFILE

- 1. As research assistant, from 1982-1983, I participated in stage III trials of the subcutaneous contraceptive pellet, which was eventually released commercially as a contraceptive implant. The contraceptive implant has empowered women in third world countries plan their pregnancies.
- 2.I was co-director of a study at St.Vincent's Hospital comparing the prevalence of psychiatric disorders among HIV patients who were psychiatrically referred in the ER and Walk-in Clinic in 1988 and 1996. In 1988, a greater percentage of white men who acquired HIV through homosexual transmission were evaluated. In 1996, there was a higher prevalence of women and minorities who became infected through IV drugs. The following decreased rates of change of DSM-IV diagnoses were noted in 1988 and 1996: delirium/dementia from 48% to 20% and adjustments/ anxiety disorder from 22% to 18%. The advent of antiretroviral medication may have played a role in the decreases.
- 3.I was project co-director with Iffath Hoskins MD at NYU Downtown, from 1998-2003, on the psychological and physical demands of pregnancy. Higher numbers of women in the "service clinic" (recent Chinese immigrants from lower socioeconomic backgrounds) reported stress in the first trimester. As the pregnancy progressed, the number of "service clinic" women reporting stress decreased, while the "private clinic" (professional women with higher socioeconomic background) reported high stress in the postpartum period. The Chinese immigrants may have a better "sense of coherence" and support within their families and community to cope with the demands of motherhood. Results were statically significant.

CLINICAL PROFILE

As a top psychiatrist in New York, as rated by the International Association of Healthcare Professionals and inclusion in "The Leading Physicians of the World", I help patients transcend suffering and move towards self-expansion and healing. With medical training as a consultation/liaison psychiatrist and intellectual orientation as a psychoanalyst, my approach is empathic, individualized and holistic. As a Distinguished Fellow of the APA, I remain active within the community and serve on numerous boards, including Channel Thirteen/ WNET since 2003. Throughout my career, I remain dedicated to teaching psychiatric residents and other house staff, including supervising Mount Sinai Beth Israel fourth year psychiatric residents on long term psychotherapy cases, since 2013.

As a national and international trauma psychiatrist, I have worked with the homeless, emergency workers at Ground Zero, refugees of the Chechen genocide and in a medical clinic in the most remote region of Nepal with people without medical access. My humanitarian work at Ground Zero has been featured on the news, The Yomiuri Shimbun (Japan's largest national newspaper), magazines and journals. The Grief Relief Network was co-created by me to help support families who lost loved ones from 9/11.

In addition to working with victims in the Chechen genocide, I emotionally supported three Chechen children as they obtained prosthetics and medical care in NY. My humanitarian work was featured in the Daily News and Chechen newspapers. My psychiatric article on my humanitarian experience has been nationally and internationally presented and awarded with a NYU Postdoctoral scholarship.

IMPACT

I have dedicated my life to help my patients transcend suffering and move towards healing. I am committed to psychiatric teaching of residents, humanitarian work with the traumatized and furthering my development through postdoctoral training in psychoanalysis. My psychiatric work at Ground Zero was particularly significant as emotional support was given to emergency workers and family members of victims during the actual trauma, as opposed to afterwards, which may have lessened resulting anxiety and depression. By appearing frequently on the local news after 9/11, I encouraged New Yorker's to remain calm during 9/11, the postal office poisonings with anthrax and other perceived terrorist attacks. My television message was to mourn our loss, but then go on with their daily living. Through humanitarian work, both nationally and internationally, I have worked extensively with the marginalized to receive medical and psychiatric care to lessen their feeling of hopelessness and to not only heal, but flourish. In an attempt to deter the next generation of terrorists, I have shown the courage and passion by reaching out, nationally and internationally, to provide medical and emotional support and demonstrate that those in despair are not alone and that others care. My experiences taught me how inspiring it is to feel one can rise above unimaginable horror and find connection to something greater.

GRANTS, CONTRACTS, FOUNDATION SUPPORT

PAST GRANTS

List Funding Source,	Role in Project	Dates	Direct Costs	Supplemental Info
Project <u>Title &</u>				
Number				
Amer. Cancer	Clinical psychiatric oncology fellowship	1992-1993	\$10,000.00	
Society Grant				
John Fiscalini	Author of academic article, "Multimodal	2010	\$100.00	
Memorial	Psychoanalytically Informed Aid Work			
Scholarship	with Children Traumatized by the			
Interpersonal Track	Chechen War".			
NYU Postdoctoral				
Prog				

CURRENT GRANTS

List Funding Source,	Role in Project	Dates	Direct Costs	Supplemental Info
Project <u>Title &</u>	_			
Number				

PENDING GRANTS

List Funding Source,	Role in Project	Dates	Direct Costs	Supplemental Info
Project <u>Title &</u>				Scholar's grant
Number	A 1 CD 1 :- :- 1 1 :: C C	0016	61 500 00	
Psychoanalytic	Author of Psychiatric book "Sea of	2016	\$1,500.00	
Society of the Postdoctoral	Awakening" a psychiatrist and her patient's transformation			
Program Scholars	patient's transformation			
Grant				
Oranic				

CLINICAL TRIALS PARTICIPATION

Project	Role in Project	Dates	Award	Other Info
Psychiatric co-morbidity	Lead Investigator	1998 and 1996	Presented at Grand	St. Vincent's Hospital and Med. Ctr.
of HIV in ER & WIC			Rounds, St.	_
consults in 1988 & 1996			Vincent's Hospital and	
			Medical Center	
			1998	
Psychological & Physical	Co-Author	1998-2003	Presented at 55th annual	NYU Downtown Hospital
Demands of Pregnancy			clinic meeting, San	
in Different Cultures			Diego, Society for	
			Gynecological	
			Investigation 2002	
Gupta Subcutaneous	Research Assistant	1982-1983	Marketed worldwide as	NY Presbyterian –
Contraceptive Pellet			contraceptive pellet	Weill Cornell Med. Ctr.

TRAINEES

Name	Level of Trainee	Role in Training & Inclusive Dates of Training	Training Venue	Trainees' Current Status/Employment

GRANTS, CONTRACTS, FOUNDATION SUPPORT, CONTINUED

TEACHING ACTIVITIES

Teaching Activity/Topic	Level	Role	Number of Learners Taught, and Venue	Number of hours week/month/yr	Evaluation Summary	Years Taught
Psychiatry Interviewing Course	twak medical	Group Leader	30 medical students, NY Presbyterian –	3 hrs. Lweek	Excellent	1991-1993
Consultation/Liaison Psychiatry	4th yr. psychiatry residents & medical students & postbiatric fellows	Director, Locturer	Weill Cornell Med. Ctr. 10 residents, St. Vincent Med. Ctr. St Vincent's Hospital and Medical Center	l hr./work	Excellent	1995-1998
Psychiatric Liaison to OB/GYN Service	3 & 4 yr. OB/GYN residents & medical students rotating thru OB/GYN	Director, Lecturer	10 residents, St. Vincent's Hospital Med. Ctr.	l hr./week	Excellent	1995-1998
Psychiatric emergencies in ER & walk-in-clinic	3 & 4 year psychiatry residents & medical students	Clinical Teaching & Attending, Director, Clinical Rounds	30 residents & 10 medical students, St. Vincent Hospital & Med. Ctr.	40 hrs. Zweek	Excellent	1995-1998
Didactic Lectures "Psychiatric Emergencies, factitious disorders, & somatoform disorders	3rd yr. psychiatry residents	Director, Lecturer	14 residents, St. Vincent Med. Ctr.	l hr./week	Very good	1995-1998
Consultation/Liaison Psychiatry Didactic Lectures	4th yr. psychiatry residents	Lecturer	25 residents, St. Vincent Med. Ctr.	2 hrs./week	Excellent	1996-1998
Basic Science Meetings	4th yr. OB/GYN residents	Locturer	20 OB/GYN residents, St. Vincent Med. Ctr.	1 hr./week	Excellent	1996-1998
Human Sexuality I, II & III Behavioral Science Course	1st yr. medical students	Lecturer	120 medical students, NY Med. College	3 seminars	Excellent	1997
Managing the Difficult Obstetrical Patient	3rd & 4th yr. OB/GYN residents & medical students	Director, Lecturer, Conference Leader	12 residents, 2 medical students, NYU Downtown Hospital	2 hrs. (week	Excellent	1998-2003
Women's Issues in Psychiatry Alexandra Sammonda Memorial Lecture Series	4th yr. psychiatry residents	Lecturer, Conference Leader	12 residents, Bellevue Hospital	l hr./weck	Excellent	2002-2005
Psychotherapy Supervision	4th yr. psychiatry residents	Teaching, Attending	2 residents per year, NYU/ Bellevue Hospital	2 hrs./week	Excellent	2003-2009
Supervising long term psychotherapy	4th yr. tseidents	Teaching, Attending	2 residents per yr., Mount Sinai Beth Israel	2 hrs. Lweek	Excellent	2013-Present

ADMINISTRATIVE LEADERSHIP APPOINTMENTS

INTERNAL

Research or Clinical:

1994 Interview candidates for Psychiatry residency New York University/Bellevue Medical Center, New York, NY

1995-1998 Education and Research Committee St.Vincent Hospital and Medical Center, New York, NY Residency Recruitment and Selection Committee

St. Vincent Hospital and Medical Center, New York, NY

Teaching:

1995-1998 Residency Training Committee St. Vincent Hospital and Medical Center, New York, NY

EXTERNAL

General Administration:

1999-2000 Member of the Study Group on Psychoanalysis and Women American Academy of Psychoanalysis

2002-2006 Member of the Executive Council NewYork County District Branch of the APA 2004-2009 Volunteer Psychiatric Consultants St.Paul's Center for the Homeless, New York, NY 2007-2008 Committee on Nominations New York County District Branch of the APA

PUBLICATIONS

PEER REVIEWED ORIGINAL CONTRIBUTIONS

- Cerfolio, N. Psychiatric Liaison to Gynecologic Oncology. Psycho- Oncology; 4: 1995. 143-147.
- Dwyer, J., Cerfolio, N. The Value of a Uterus. Hastings Center Report 1996; 2:28-29
- **Cerfolio**, **N**. Multimodal Psychoanalytically Informed Aid Work with Children Traumatized by the Chechen War. Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry, Volume 37, no. 4, Winter 2009: 587-603
- **Cerfolio**, **N.** Bulimia, Separation Anxiety and Finding the Authentic Self. MOJ Addiction Medicine & Therapy, Volume 1, Issue 2-2015, DOI: 10.15406/
- **Cerfolio**, **N**. My Mystical Encounter with a Wild Gray Whale. Psychoanalytic Perspectives: An International Journal of Integration and Innovation, 2017 Volume 14, Issue 2, 264-269.
- Cerfolio, N. Loss, Surrender, and Spiritual Awakening. Palliative and Supportive Care, Cambridge University Press, 2016, 14 (6): 725-726.
- Cerfolio, N. Spiritual Knowing, Not Knowing, and Being Known. Psychoanalytic Perspectives on Knowing and Being Known. Routledge 2019.
- Cerfolio, N. The Bicycle Shrink. Psychoanalytic Perspectives, June 2020.
- **Cerfolio, N.** Terrorism and The Psychoanalytic Origins. The Journal of Psychohistory 47 (4) Spring 2020, 256- 274.
- Cerfolio, N. The Origins of Terrorism: The Obliteration of a Sense of Belonging in *Belonging through a Psychoanalytic Lens*, December 30, 2020.
- Glick, I., **Cerfolio, N**., Kamis, D., Laurence, M. Domestic Mass Shooters: The Association of Unmedicated and Untreated Psychiatric Illness, Journal of Clinical Psychopharmacology, Vol. 41, No. 4, July/August 2021, 366-369.
- **Cerfolio**, **N**., Glick, I., Kamis, D., Laurence, M. A Retrospective Observational Study of Psychosocial Determinants and Psychiatric Diagnoses of Mass Shooters in the United States, Journal of Psychodynamic Psychiatry, Vol. 50, No. 3, February 2022.

PEER REVIEWED ORIGINAL CONTRIBUTIONS, CONTINUED

- Hoskins, IA. and **Cerfolio**, **N**. Comparative Study of Women's Self-Reporting Stress during Pregnancy & Post-Partum across Disparate Immigrant and Socioeconomic Strata. *Integrative Gynecology and Obstetrics Journal* (IGOJ) Volume 4 Issue 2 August 2021.

OTHER PEER REVIEWED PUBLICATIONS

INVITED CONTRIBUTIONS

- Cerfolio, N. Psychosocial Aspects of Gynecologic Cancer Care. The Journal of the Bellevue Obstetrical and Gynecological Society. 1995; XI, 43-45
- Cerfolio, N. The Confusion of Hormone Replacement Therapy, *Preventative Medicine*, 37 (2003); 676-677

BOOKS AND BOOK CHAPTERS

- Psychoanalytic and Spiritual Perspectives on Terrorism: Desire for destruction, Routledge, December, 2023
- Writing nonfiction psychiatric book, "Poison and Paradise."

NON-PEER REVIEWED PUBLICATIONS/ LITERARY JOURNALS

- Cerfolio, N. My Ground Zero Experience as a Psychiatrist. *Newsletter for the Association of Women Psychiatrists*. 20:10-11. 2001.
- Cerfolio, N. Why Run, Newsletter of the Association of Women Psychiatrists Volume 23 Number 1: 8-9. Winter 2005.
- **Cerfolio**, **N**. Making Strides Against Terrorism in the Caucuses. *Psychologist-Psychoanalyst*, Volume XXVII, No.2, 24-26. Spring, 2007.
- Cerfolio, N. Recipe For Cut Motherhood. Terror House Magazine, April 2019.
- Cerfolio, N. Leaping Over The Butcher's of Wayne, NJ. Terror House Magazine, May 2019.
- Cerfolio, N. Trauma Two Times Over: Developing Breast Cancer as a Result of Being a First Responder at 9/11. *Terror House Magazine*, June 2019.
- Cerfolio, N. From Russia with Anthrax. Harmony, 2020. A Humanities magazine from The University of Arizona's College of Medicine's Medical Humanities program, p28 35.
- **Cerfolio**, **N**. One Good Move. *The Spiritual Media Blog*, January 8, 2021. https://www.spiritualmediablog.com/2021/01/08/one-good-move/
- **Cerfolio, N.** One Good Move: Healing Through Spiritual Practices, *The Mindful Word*, January 11, 2021. https://www.themindfulword.org/2021/spiritual-sight/

PATENTS

INVITED LECTURES/PRESENTATIONS

1994 "Psychiatric and Social Aspects of Caring for Gynecologic Oncology Patients" Grand Rounds, Dept. of OB/GYN, NYU Medical Center/Bellevue Hospital, NY, NY

"Psychotropic Usage for Pain Management" NYU Dental School, NY, NY

1995 "Recognizing Depression in OB/GYN Patient – A Dialogue Between Psychiatrist and OB/GYN" Pfizer sponsored lecture/dinner, Leopard Restaurant, NY, NY

1996 "Managing the Suicidal Psychiatric Patients" Grand Rounds, Dept. of Psychiatry, Gouverneur Hospital, NY, NY 1997 "Psychiatric Issues in Gynecological Illness" Grand Rounds, Dept. of Psychiatry, Westchester County Medical Center, Valhalla, NY "Human Sexuality I, II, III" New York Medical College Department of Psychiatry Behavioral Science course, NY, NY

"Psychiatric Co-Morbidity of the HIV Patients Evaluated in the Psychiatric ER and Walk-in-Clinic: A Two Year Comparative Study"

Grand Rounds, Dept. of OB/GYN, NYU Downtown Hospital, NY, NY

1999 "Anti-Depressive Therapies: A Clinical Overview" Grand Rounds, Dept. of Psychiatry, Westchester County Medical Center, Valhalla, NY

2001 "Cultural Issues Influencing the Psychiatric Treatment of Women" Chairman and Moderator, APA Annual Meeting, New Orleans, LA

2004 "Mood Disorders in Women Throughout the Life Cycle" Chairman and Moderator, APA Annual Meeting, NY, NY

2007 "The Struggle to Develop Object Constancy in the Context of Separation Anxiety" Clinical Symposium of the Postdoctoral Program in Psychotherapy and Psychoanalysis, NY, NY

"Roundtable Humanitarian Action and Analyst Change" Annual Conference International Association for Relational Psychoanalysis and Psychotherapy, NYU Postdoctoral Program in Athens, Greece

2009 "Multimodal Psychoanalytically Informed Aid Work with Children Traumatized by the Chechen War" Grand Rounds, Rockland Psychiatric Center, Orangeburg, NY.

2009 "Clinical Interview of Inpatient Manhattan Psychiatric Patient" Grand Rounds, Manhattan Psychiatric Center, NY, NY.

2015 "Spy-hopping with a Wild Gray Whale and the Chain of Spiritual Awakenings" NYU 45th Annual Postdoctoral Program Weekend, Briarcliff Manor, NY

2016 "Spiritual Knowing and the Chain of Awakenings" Eighth Joint International Psychoanalytic Conference on Knowing and Being Known, Reykjavik, Iceland

2018 "The Origins of Terrorism: The Obliteration of a Sense of Belonging." Ninth International Psychoanalytic Conference on Belonging, Nova Scotia, Canada

2019 "The Origins of Terrorism," The 63rd Annual Meeting, American Academy of Psychodynamic Psychiatry and Psychoanalysis. San Francisco, USA

2019 "Terrorism as a Failure of Imagination: A Lack of Individual and Societal Empathy," The 17th Annual IARPP Conference 2019, Imaging With eyes Wide Open, Tel Aviv-Jaffa, Israel.

2022 "Our Best Response to Mass shootings and Trauma," Teen Triumph Summit, a Four-day online Summit

VOLUNTARY PRESENTATIONS

1991 "Psychological Aspects of Ovarian Cancer" Clinical Case Conference, Grand Rounds, Dept. of Psychiatry, Memorial Sloan-Kettering Cancer Center, NY, NY

1992 "Psychiatric Liaison to Gynecological Oncology" Grand Rounds, Dept. of Psychiatry, Memorial Sloan-Kettering Cancer Center, NY, NY

1993 "Guiding Patient with End Stage Small Cell Lung Cancer to Die with Grace" Grand Rounds, Dept. of Psychiatry, Memorial Sloan-Kettering Cancer Center, NY, NY

1994 "Psychotropic Adjuvant Analgesics in Chronic Pain Management" Dept. of NYU Primary Care Service, NYU Medical Center/Bellevue Hospital, NY, NY

1999 "Cultural Influences – The Psychiatric Treatment of Women" Chairman and Moderator, Clinical Symposium of the APA Committee on Women New York County District Branch, NY, NY

MEDIA RESOURCE EDUCATIONAL MATERIALS

"Issues of Self-Esteem," Fox Television, Good Morning New York, live interview with Larry Huff, July 23, 1996.

"Couples Fighting Fairly," Fox Television, Good Morning New York, live interview with Sheryl Washington, September 4, 1996.

"Ground Zero Experience as Grief Counselor to Firemen, Policemen, and Family Members of the World Trade Center Disaster," WNBC News, live interview with Jane Hanson and Glen Walker, September 13, 2001.

"Post-Traumatic Stress Disorder in Survivors of World Trade Center Disaster," WNBC News, interview with Dr. Max Gomez, September 17, 2001.

"Survivor Guilt in Survivors and Family Members of World Trade Center Disaster," WNBC News, live interview with Dr. Ian Smith, September 20, 2001.

"Coping with Repeated Traumas," (The World Trade Center Disaster, Anthrax, and the Crash of Flight 507), WNBC News, live interview with Jane Hanson and Maurice DuBois, November 13, 2001.

"Increased Incidence of Post-Traumatic Stress Disorder and Substance Abuse as a Result of the World Trade Center Disaster," WNBC News, live interview with Jane Hanson and Maurice DuBois, November 14, 2001.

Humanitarian work with emergency workers at Ground Zero featured in "The Yomiuri Shimbun", the largest newspaper circulation in the world and is one of five national Japanese newspapers.

"Psychological Benefits of Exercise for the Physically Disabled, The Achilles Marathon," CD 101.9, interview with Mark Farrow, March 31, 2002.

"How One Overcomes Phobias, The Fear Factor Series," WNBC News, live interview with Jane Hanson and Maurice DuBois, April 29, 30, May 1, 2, 3, 2002.

Television Commentator for the Closing Ceremony on 9/11, WNBC News, live May 30, 2002.

"Eating Disorders," WCBS News, February 10, 2004.

"Psychological Benefits of Educational Television," Channel 13, March 8, 2004. Quoted in: "Confessions of a pregnant hypochondriac," Available at: epregnancy.com.

"Psychological Implications of Dr. Northrup's Mother-Daughter Relationships,' Channel 13, July, 2005.

Featured Triathlete, New York City Triathlon, Channel 4, July, 2005.

Featured Runner, 2006 Runner's Classic, CBS Sports Spectacular, Orlando Florida, November, 2006.

Letter to the Editor in *The New York Times*, Re "Parkland Gunman Is Sentenced to Life in Prison" (front page, Oct. 14, 2022), both in print (10/15/2022) and online.

"Aftermath of Morgan State University Shooting," Fox 5 Morning News, Fox News DC, live Oct. 4, 2023. with Patrice Sanders.

"Origins of Mass Shootings in America" — ABC 7 DC, live Oct. 4, 2023, Continuing Coverage of Morgan State University Shooting.

"Fear of the Unknown: Morgan State students, parents recount moments" Today with Dr. Kaye | on-demand, live Oct. 4, 2023 "Ask Beatty Show" Why violence is NEVER the answer—politically or personally, with Beatty Cohan, MSW, LCSW, AASECT.